



**Think Brain  
Health Global**  
ACT EARLY!

## **Follow Think Brain Health Global on social media**

**Spread the message that ‘what’s good for the heart is good for the brain’ and that we can all act now to preserve our brain health.**

We regularly share the latest information about our initiative on social media, as well as details about upcoming events and meetings.

Follow us on Twitter and LinkedIn to keep up to date with the latest news.



<https://twitter.com/TBHTimeMatters>



<https://www.linkedin.com/showcase/think-brain-health>